

2024 Athletics Nationals Update #1

Welcome to the Athletics Nationals update for 2024. You will find enclosed all the relevant information on how to register for your event, costs of registration, accommodation and uniform package and important event information.

The Event will be held at the [Gold Coast Performance Centre, QLD](#) , starting on Wednesday **24th April**, and finishing **Friday 26th April**. The competition timetable has not been released.

We will once again be staying onsite at the [Gold Coast Performance Centre, QLD](#) , and our accommodation is booked from Tues 23rd April through to Saturday 27nd April. This was the minimum period we could book for this event, but it provides cover for the whole competition and is the best value for money and location. We will again be providing better cooking facilities including, air fryer, rice maker, electric hot plate and pasta maker.

To represent the University at this event, please note that all students are required to stay in the accommodation provided by the University.

Quad Share Rooms



Our lodges provide comfortable, modern, three-star group accommodation.

- ◉ Each lodge has 10 bedrooms
- ◉ Twin, quad and wheelchair rooms available
- ◉ Coach / teacher / manager ensuite rooms
- ◉ Airconditioned in bedrooms
- ◉ Lounge room
- ◉ Kitchenette for basic food preparation
- ◉ Access to a team laundry with washer and dryer
- ◉ Full dining and catering facilities onsite
- ◉ Function / event packages (10-500 people)
- ◉ Free onsite parking and coach parking

Registration

Before you register for the event there are a couple of steps to complete first.

1. Complete the [EOI form](#) (for new and returning athletes, must be completed every year)
2. Check you make the qualifying times.

Below are the current qualifying standards for the 2024.



2024 National Athletics Qualifying Standards

Men	Event	Women
Track		
11.50 secs (11.74)	100m	13.00 secs (13.24)
23.50 secs (23.74)	200m	27.30 secs (27.54)
53.00 secs (53.14)	400m	62.0 secs (62.14)
2:02.00 mins	800m	2:24.00 mins
4:15.00 mins	1,500m	5:00.00 mins
16:45.00 mins	5,000m	22:00.00 mins
36:00.00 mins	10,000m	44:00.00 mins
10:55.00 mins	3,000m steeplechase	12:30.00 mins
17.30 secs (17.54)	110m hurdles	-
-	100m hurdles	18.00 secs (18.24)
60.00 secs (60.14)	400m hurdles	70.0 secs (70.14)
27:00.00 mins	5,000m walk	30:30.00 mins
Field		
3.20 m (start height 3.00)	Pole vault	2.40 m (start height 2.00)
1.80 m (start height 1.75)	High jump	1.45 m (start height 1.45)
12.50 m	Triple jump	9.50 m
6.00 m	Long jump	4.70m
40.00 m	Javelin	26.00 m
35.00 m	Hammer Throw	35.00 m
32.00 m	Discus	30.00 m

All athletes need to be eligible to compete in this event, which means they must be enrolled students in semester one. If you do, make the qualifying times then you will be contacted by Liam Tully Athletics Team manager. He will provide you with a code for the UniSport website, so that you can register for the event.



Every athlete must register for the event online. The process will require you to create an account if you haven't already got one. Complete your personal details, upload your photo, and select your category of participation. Complete the registration steps and make payment via PayPal. A guest checkout option is available for those who do not have a PayPal account. Receive your confirmation of registration via email.

UniSport Registration – [Now open](#)

Event Costs

For 2024, the registration fee will stay as one fixed fee allowing participants to enter unlimited events (pending qualification standards).

To develop the event experience for all attending (and following feedback received from both competitors and UTM's) several enhancements will be made to this year's event, including:

- An official event opening, including a Welcome to County
- Livestream
- **World Ranking Event.**

Registration Type	Cost 2023 Prices	Open	Closed
Early Bird	\$155.00	Now Open	Wed 6 th March 11.59pm
Standard	\$175.00	Thurs 7 th March	Sun 31 st March 11.59pm
Late	\$225.00	Mon 1 st April	Fri 16 th April 11.59pm

Accommodation: Nights Stay	Cost	Check In	Check Out
3 night stay	\$120	Tues 18 th April	Fri 21 st 9.00 am
4 night stay	\$160	Tues 18 th April	Sat 22 nd by 10.00 am

All athletes must wear the official Winged Victory Uniform for this event. If you have previously represented the University, it is the same uniform, so you would not need to purchase a new uniform. If you would like to try sizes before you purchase, please see Tony Sephton in the Sport development office, Nona Lee sports center.

University Winged Victory Uniform	Cost
Men's vest	\$50.00
Women's vest	\$50.00
Women's crop top	\$45.00
Winged Victory Travel polo	\$40.00



All payments for Uniform and accommodation will be paid via the explore online system, which is on the Intersarsity page. This will be active March 4th, 2024.

Important Contact Numbers and emails.

Liam Tully Athletics team manager
Email: liam.tully@student.unimelb.edu.au
Mobile: 0479093915

Tony Sephton Sports Performance Coordinator
Email: tony.sephton@unimelb.edu.au
Mobile: 0435277290

Sandro Bisetto University Team Coach