

NEW GROUP FITNESS ONLINE BOOKING – FAQs LAUNCHING ONLINE BOOKINGS (RED)

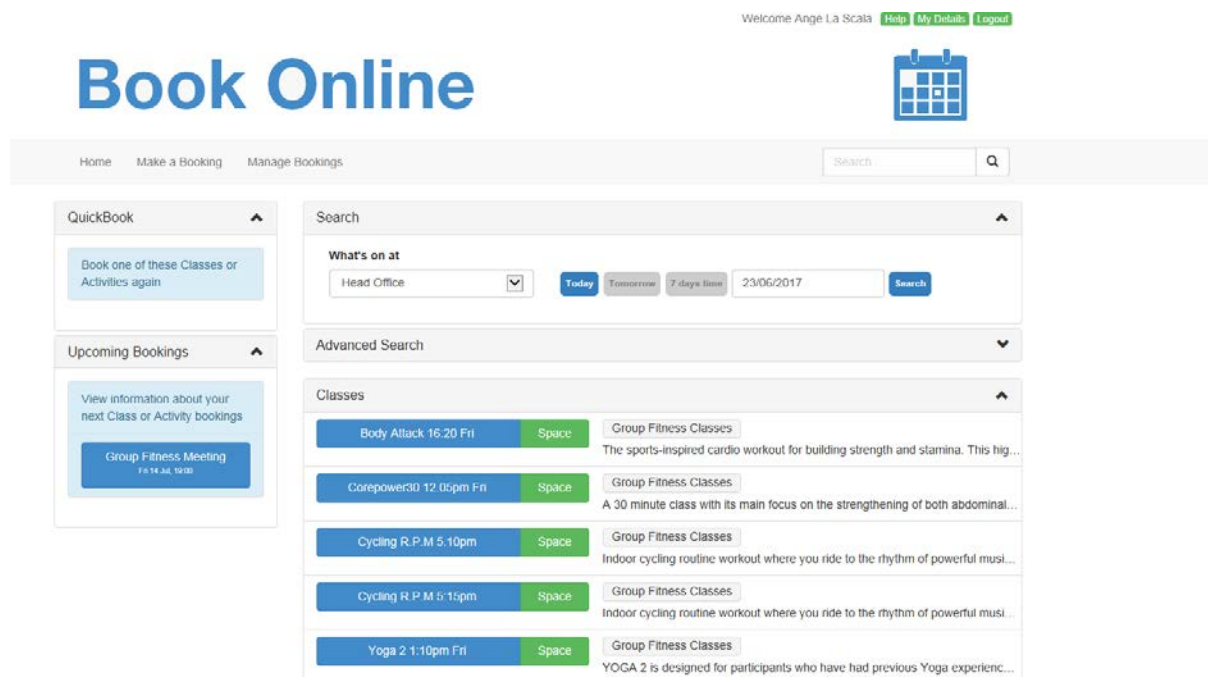
In response to Fitness Member feedback, MU Sport has launched a new online booking system for Group Fitness classes starting Monday 24 July. This new system significantly speeds up entry into the class.

To make setting up your online booking access as easy as possible, you first need a login PIN which you can get by calling or visiting reception.

Booking does NOT guarantee a place in the class, so please leave enough time to arrive.

Step 1

Once you have access the online form you will come to this screen:

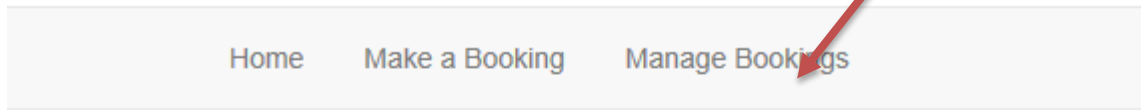


The screenshot shows the 'Book Online' web interface. At the top right, it says 'Welcome Ange La Scala' with links for 'Help', 'My Details', and 'Logout'. The main heading is 'Book Online' with a calendar icon. Below this is a navigation bar with 'Home', 'Make a Booking', and 'Manage Bookings', along with a search box. The interface is divided into several sections:

- QuickBook:** A button to 'Book one of these Classes or Activities again'.
- Upcoming Bookings:** A section titled 'View information about your next Class or Activity bookings' with a button for 'Group Fitness Meeting' (14 Jul, 19:00).
- Search:** A section titled 'What's on at' with a dropdown menu set to 'Head Office', buttons for 'Today', 'Tomorrow', and '7 days time', a date field set to '23/06/2017', and a 'Search' button.
- Advanced Search:** A dropdown menu.
- Classes:** A list of classes with 'Space' indicators and descriptions:
 - Body Attack 16:20 Fri:** Group Fitness Classes. The sports-inspired cardio workout for building strength and stamina. This hig...
 - Corepower30 12:05pm Fri:** Group Fitness Classes. A 30 minute class with its main focus on the strengthening of both abdominal...
 - Cycling R.P.M 5:10pm:** Group Fitness Classes. Indoor cycling routine workout where you ride to the rhythm of powerful musi...
 - Cycling R.P.M 6:15pm:** Group Fitness Classes. Indoor cycling routine workout where you ride to the rhythm of powerful musi...
 - Yoga 2 1:10pm Fri:** Group Fitness Classes. YOGA 2 is designed for participants who have had previous Yoga experienc...

Step 2

Click on manage bookings on the top banner



Manage Bookings

No bookings found

Make a booking

Click on Make a booking

Once you have clicked on Make a booking the classes that are running for the day are listed below:

Classes	
Body Attack 16:20 Fri	Space
Group Fitness Classes The sports-inspired cardio workout for building strength and stamina. This hig...	
Corepower30 12.05pm Fri	Space
Group Fitness Classes A 30 minute class with its main focus on the strengthening of both abdominal...	
Cycling R.P.M 5.10pm	Space
Group Fitness Classes Indoor cycling routine workout where you ride to the rhythm of powerful musi...	
Cycling R.P.M 5:15pm	Space
Group Fitness Classes Indoor cycling routine workout where you ride to the rhythm of powerful musi...	
Yoga 2 1:10pm Fri	Space
Group Fitness Classes YOGA 2 is designed for participants who have had previous Yoga experienc...	

Step 3

Select the class you would like to participate in

Select Slot

Body Attack 16:20 Fri [Lazer Room]

Fri 23 Jun
00:00 - 23:59

Fri 23 Jun, 16:20
(60 mins)

Book
50 spaces remaining

Click Book- the below description will come up.

Complete Your Booking

Body Attack 16:20 Fri [Lazer Room]

Fri 23 Jun, 16:20 (60 mins)

\$0.00

Comments

The sports-inspired cardio workout for building strength and stamina. This high energy interval training class combines athletic aerobic movements with strength and stabilisation exercises.

Do you want to make this booking?



Then click book again
And the below will come up

Completed Booking

Body Attack 16:20 Fri

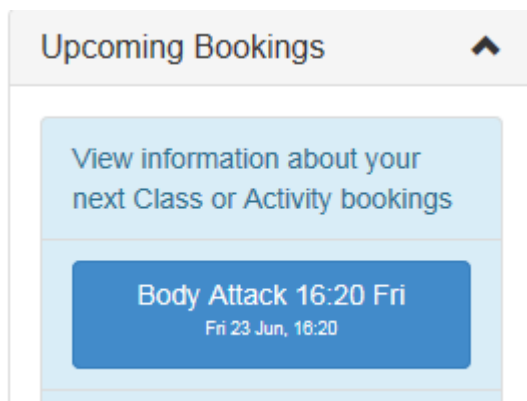
Fri 23 Jun at 16:20

\$0.00



Thank you for your booking. You will receive a booking confirmation email shortly.

When you click back to the home page you will see your upcoming booking:



Step 4

Enjoy your workout!

Quick facts

Bookings can only be made on the day- the class locks out 1 hour before the class starts so you need to make the booking prior.

Please make sure you are tapping into the class and not opening the gate to go through.

If you are booking into a cycle class please make sure you are tapping in at reception so we can record your visit.

For any further issues, email admin-sport@unimelb.edu.au.