

Athletics Rules

February 2013

Athletics will be conducted according to the rules of the IAAF, with specific ICSC exceptions listed below.

1. Event Format

Athletics is contested as a carnival over multiple days. Track events shall consist of heats and finals on separate days, and field events shall be contested as straight finals and interspersed between carnival days.

The 3,000m may be conducted on a Wednesday evening.

The events to be contested are as follows:

Men & Women							
100m	200m	400m	800m	1,500m	3,000m	110m Hurdles (Men)	4x100 Relay
High Jump	Long Jump	Triple Jump		Shot Put		100m Hurdles (Women)	4x400m Relay

2. Team Size

A maximum of two competitors from each college shall compete in any individual event, except for the Men's 110m Hurdles and the Women's 100m Hurdles where only one competitor shall compete. A College may only enter one team in any relay event.

Entry is restricted with each competitor permitted to enter in no more than three track events, three field events and two relays with a maximum of six events in total.

No substitution of competitors is permitted between heats and finals in individual events. Relay teams may be substituted between Heats and Finals, however competitors must not contravene the number of events allowed.

Any breach in the number of events competed in by a single athlete will result in the disqualification of this competitor from all individual/team events where they have exceeded the six event limit.

3. Organisation of Heats

The lane draw for the heats shall be determined using the Official ICSC Random Draw for the current year. The number of heats for a particular event may be reduced where a full contingent of athletes has not been entered or registered at the time of marshalling.

Each competing college must submit a list of entrants for each race to Melbourne University Sport and/or the College Host by the designated due date. A program

specifying the events and entrants shall be produced by the Host for the Heats and Finals.

4. Organisation of Finals

Only track events will contest both Heats and Finals. Each Field event will be conducted as a straight Final.

Competitors for Track Finals will be determined according to times only – winners of heats may not necessarily progress through to Finals. Individual Track Finals shall consist of an A Final (fastest 1- 6 competitors) and a B Final (7 – 12 fastest competitors) – except for the Men's 110m Hurdles and the Women's 100m Hurdles where an A Final only will be conducted. Relay Finals shall only consist of an A Final only.

Lanes for each Final shall be allocated based on qualifying times. Lane 3 will be allocated to the fastest qualifier, then lanes 4, 2, 5, 1 and 6 for the slowest qualifier.

For Field events, the order of competitors shall follow the Official ICSC Random Draw for that year. If two competitors from a college are competing, the second competitor from that college shall be ordered after all the first competitors have competed, following the order of the ICSC Random Draw.

5. Event Scoring

Individual event results will contribute towards a team aggregate from which overall winners for men and women shall be declared.

The points will be awarded as follows:

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th
Individual Points	13	11	10	9	8	7	6	5	4	3	2	1
Relay Points	26	22	20	18	16	14						

Note: Points will only be allocated for positions 1 – 6 for both the Men's 110m Hurdles and the Women's 100m Hurdles.

6. Event Officials

The Melbourne University Athletics Club is to be engaged as Competition Managers for the Carnival. Qualified officials should be sourced from Athletics Victoria (three time keepers, three judges, four field officials and one track referee are recommended) to assist in the management of the event.

Each competing college will be required to provide two officials to supplement the qualified officials, as determined by the Host. These officials will be required to act as judges and timekeepers. The Host shall provide officials to record results of Heats and to maintain a running score of results for the Finals, and to provide additional officials where required.

Official result sheets should be prepared for each event. Once an event has been completed, the results should be noted by the official and taken to the host to note results. The sheet should list the event, name of competitor, college, finishing position, and time or distance.

7. Uniform

Competing Colleges should wear matching sport uniforms for the duration of competition. The uniform colour of each College should be identified prior to the event and listed in the program.

8. Equipment/Other

Equipment, including starting blocks will be provided by the Melbourne University Athletics Club. The Host shall determine a designated team/spectator space for each College for the duration of the Carnival.

9. ICSC Policies

All ICSC Policies and Procedures must be adhered to by all participants.

Designated Team Captains and College Sports Representatives are also expected to ensure their College participants are aware of all relevant policies and procedures and act accordingly.

Document Change History

Issue No.	Issue Date	Author	Description of Change
01	Mar 2007	MU Sport	Original rules
02	3/12/2012	T. Lutwyche	Updated as per ICSC Rules Committee